

# BE A HERO FOR A BETTER WORLD

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**"The only way for a woman, as for a man,  
to find herself, to know herself as a person,  
is by creative work of her own. There is no other way."  
-- Betty Friedan**

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

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