

# BE A HERO FOR A BETTER WORLD

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"I came upon a doctor who appeared in quite poor health. I said, 'There's nothing that I can do for you that you can't do for yourself.' He said, 'Oh yes you can. Just hold my hand. I think that that would help.' So I sat with him a while then I asked him how he felt. He said, 'I think I'm cured.'"

-- Conor Oberst

## Do One Thing for a Better World

...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)

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