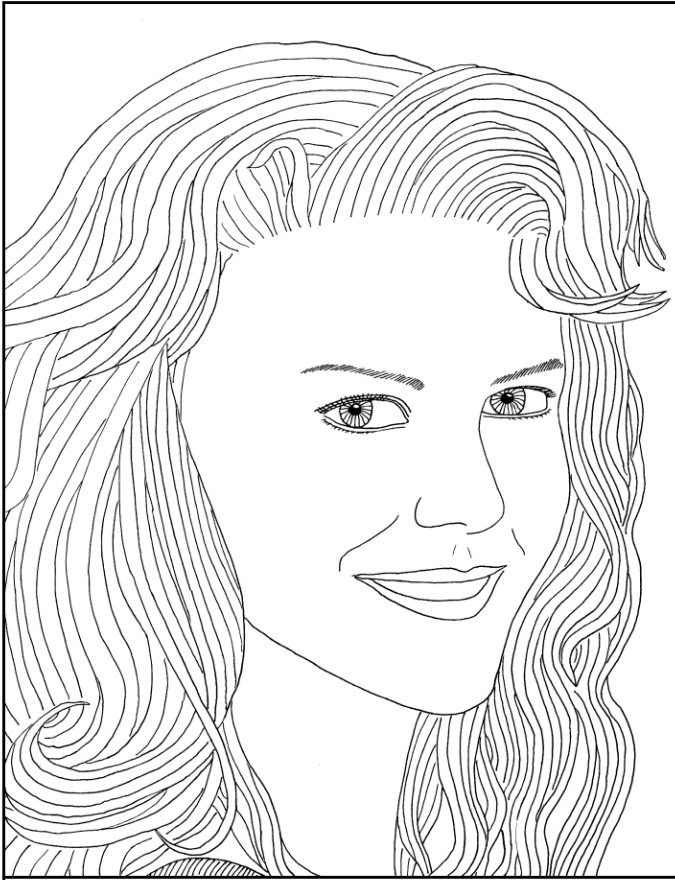


WOMEN'S DAY - MARCH 8



"Violence against women is an appalling human rights violation. But it is not inevitable. We can put a stop to this."
-- Nicole Kidman

Even though they make up half the population, women and girls have endured discrimination in most societies for thousands of years. In the past, women were treated as property of their husbands or fathers - they couldn't own land, they couldn't vote or go to school, and were subject to beatings and abuse and could do nothing about it. Over the last hundred years, much progress has been made to gain equal rights for women around the world, but many still live without the rights to which all people are entitled.

The United Nations Charter was a major milestone for women's rights because it was the first international agreement to affirm the equality between men and women. Since then, the UN has been an important advocate for the rights of women. The UN adopted an international bill of rights for women in 1979 and sponsored four global women's conferences. The Millennium Development Goals, which all nations agreed to at the UN in 2000, sets tangible goals for nations to achieve by 2015, several of which deal with empowering women.

International Women's Day on March 8 and Women's Equality Day, on August 26 (commemorating the certification of the 19th Amendment which granted women the right to vote), are important annual rallying points to help eliminate discrimination and build support for the rights of women everywhere.

*"We hold these truths to be self-evident: that all men and women are created equal."
-- Elizabeth Cady Stanton*

Do One Thing for a Better World

1. Find out more
2. Hold an event to raise awareness about promoting equal rights for all
3. Contribute to organizations working to promote women's rights and equality

Links for Women's Rights

Center for Women's Global Leadership
(cwgl.rutgers.edu)
Global Fund For Women
(globalfundforwomen.org)
Peace X Peace (www.peacexpeace.org)
Women's Intl League for Peace & Freedom
(wilpf.org)
Women Watch (un.org/womenwatch)

DO ONE THING

The Emily Fund - Education, Mentorship, Inspiration, Leadership, Youth for a better world

DoOneThing.org - EmilyFund.org

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WOMEN'S DAY - MARCH 8

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"Women will not simply be mainstreamed into the polluted stream. Women are changing the stream, making it clean and green and safe for all -- every gender, race, creed, sexual orientation, age, and ability."
-- Bella Abzug

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"If particular care and attention is not paid to the ladies,
we are determined to foment a rebellion, and will not hold ourselves
bound by any laws in which we have no voice or representation."

-- Abigail Adams

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**"The connection between women's human rights,
gender equality, socioeconomic development
and peace is increasingly apparent."**

-- Mahnaz Afkhami

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**"How important it is for us to recognize and
celebrate our heroes and she-roes!"**

-- Maya Angelou

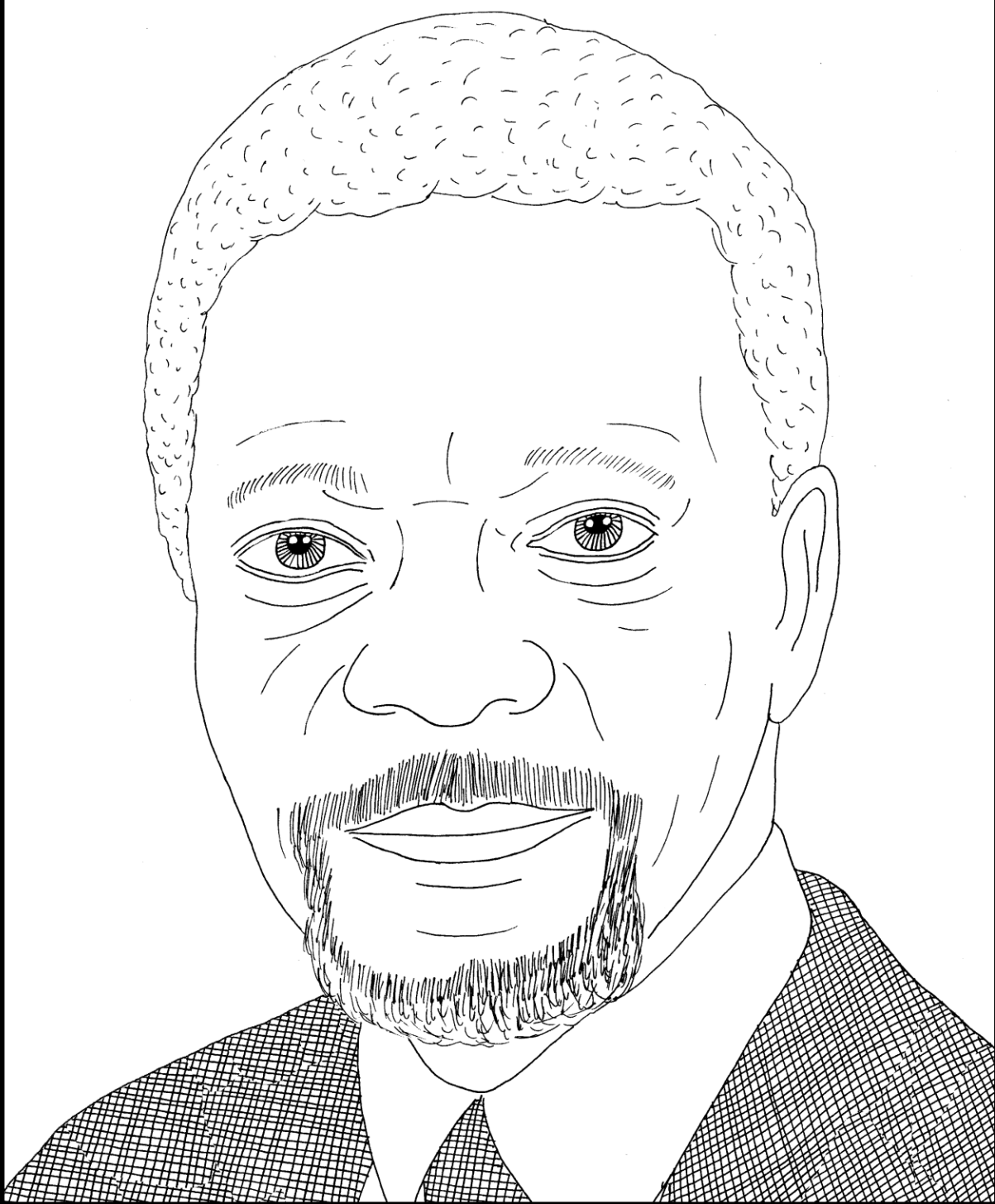
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WOMEN'S EQUALITY DAY - AUG 26

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**"...gender equality is critical to the development
and peace of every nation."**

-- Kofi Annan

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WOMEN'S DAY - MARCH 8

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"The day will come when men will recognize woman as his peer, not only at the fireside, but in councils of the nation. Then, and not until then, will there be the perfect comradeship, the ideal union between the sexes that shall result in the highest development of the race."

-- Susan B. Anthony

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"Instead of getting hard ourselves and trying to compete, women should try and give their best qualities to men - bring them softness, teach them how to cry."

-- Joan Baez

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WOMEN'S DAY - MARCH 8

MAKE A DIFFERENCE



MAKE A DIFFERENCE

**"This is your life!!!
The children/husbands/lovers are just one chapter.
The stronger we (women) get the more loving we can be- to all."
-- Cynthia Basinet**

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"It will not do to say that it is out of woman's sphere to assist in making laws, for if that were so, then it should be also out of her sphere to submit to them."

-- Amelia Bloomer

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“We are unalterably opposed to the presentation of the female body being stripped, bound, raped, tortured, mutilated, and murdered in the name of commercial entertainment and free speech.”

-- Susan Brownmiller

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MAKE A DIFFERENCE



MAKE A DIFFERENCE

“Feminism is a transformational force, an individual and social force. It is a way of looking at the world—a questioning of power/domination issues, an affirmation of women’s energy.”

-- Charlotte Bunch

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"Everybody counts in applying democracy. And there will never be a true democracy until every responsible and law-abiding adult in it, without regard to race, sex, color or creed has his or her own inalienable and unpurchasable voice in government."

-- Carrie Chapman Catt

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"The emotional, sexual, and psychological stereotyping of females begins when the doctor says, 'It's a girl.'"

-- Shirley Chisholm

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MAKE A DIFFERENCE



MAKE A DIFFERENCE

**"My idea of feminism is self-determination,
and it's very open-ended: every woman has the
right to become herself, and do whatever she needs to do."
-- Ani DiFranco**

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"The young women of today, free to study, to speak, to write, to choose their occupation, should remember that every inch of this freedom was bought for them at a great price. It is for them to show their gratitude by helping onward the reforms of their own times, by spreading the light of freedom and of truth still wider."

-- Abigail Duniway

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"We need a kind of feminism that aims not just to assimilate into the institutions that men have created over the centuries, but to infiltrate and subvert them."

-- Barbara Ehrenreich

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"...gender relationships, which are tough for people to deal with, are key to whether a society orients to domination or partnership in all its relations."

-- Riane Eisler

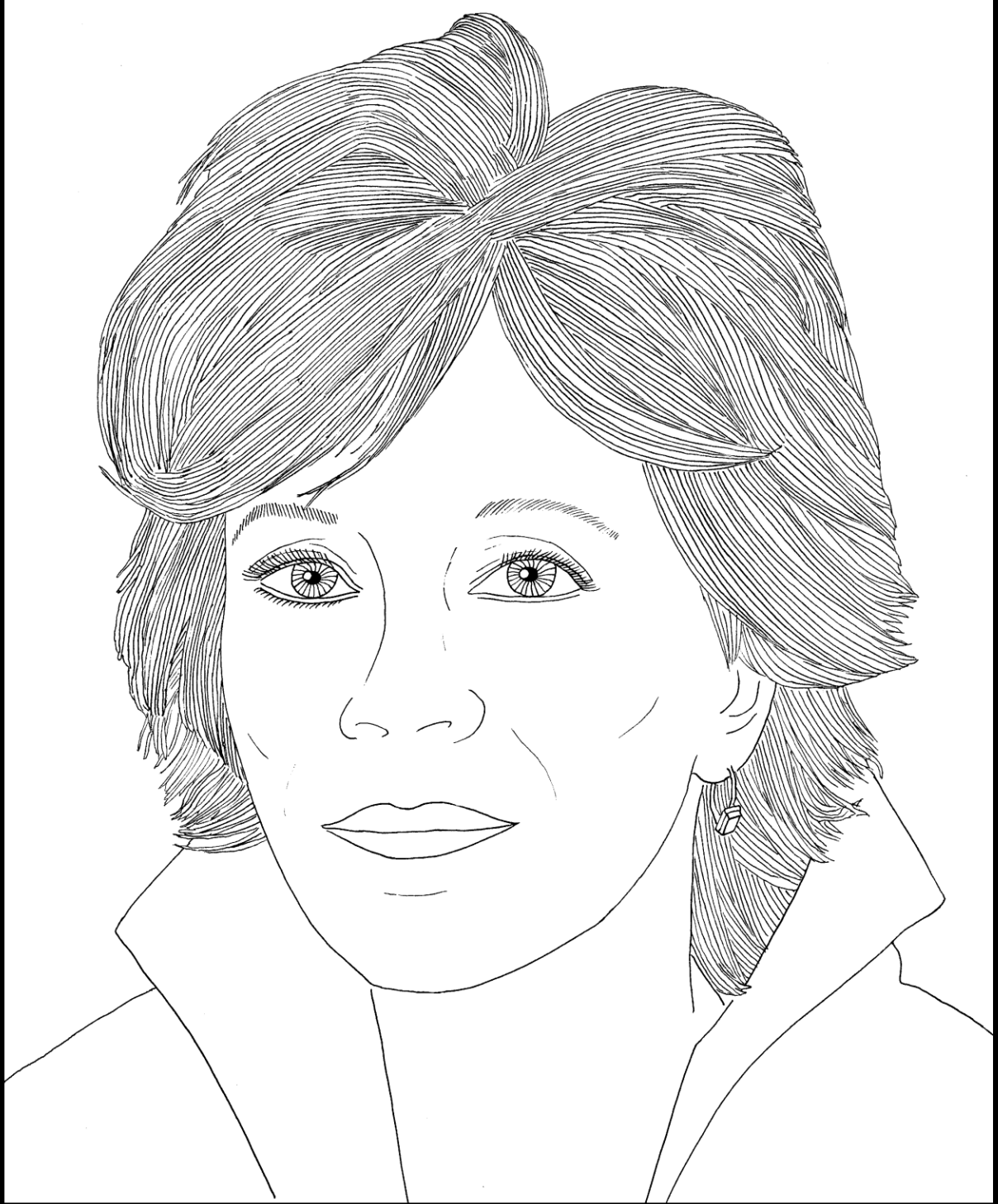
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"Adult women, all of us, have to come to grips with how we have been affected by gender norms, and how we have been silenced. We have to help our daughters. Understanding it within ourselves and helping our young girls stand up for themselves is one way."

-- Jane Fonda

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**"The only way for a woman, as for a man,
to find herself, to know herself as a person,
is by creative work of her own. There is no other way."
-- Betty Friedan**

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"If you have knowledge, let others light their candles in it."
-- Margaret Fuller

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MAKE
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"Women's rights are an essential part of the overall human rights agenda, trained on the equal dignity and ability to live in freedom all people should enjoy."

-- Ruth Bader Ginsburg

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"Male and female citizens, being equal in the eyes of the law, must be equally admitted to all honors, positions, and public employment according to their capacity and without other distinctions besides those of their virtues and talents."

-- Olympe de Gouges

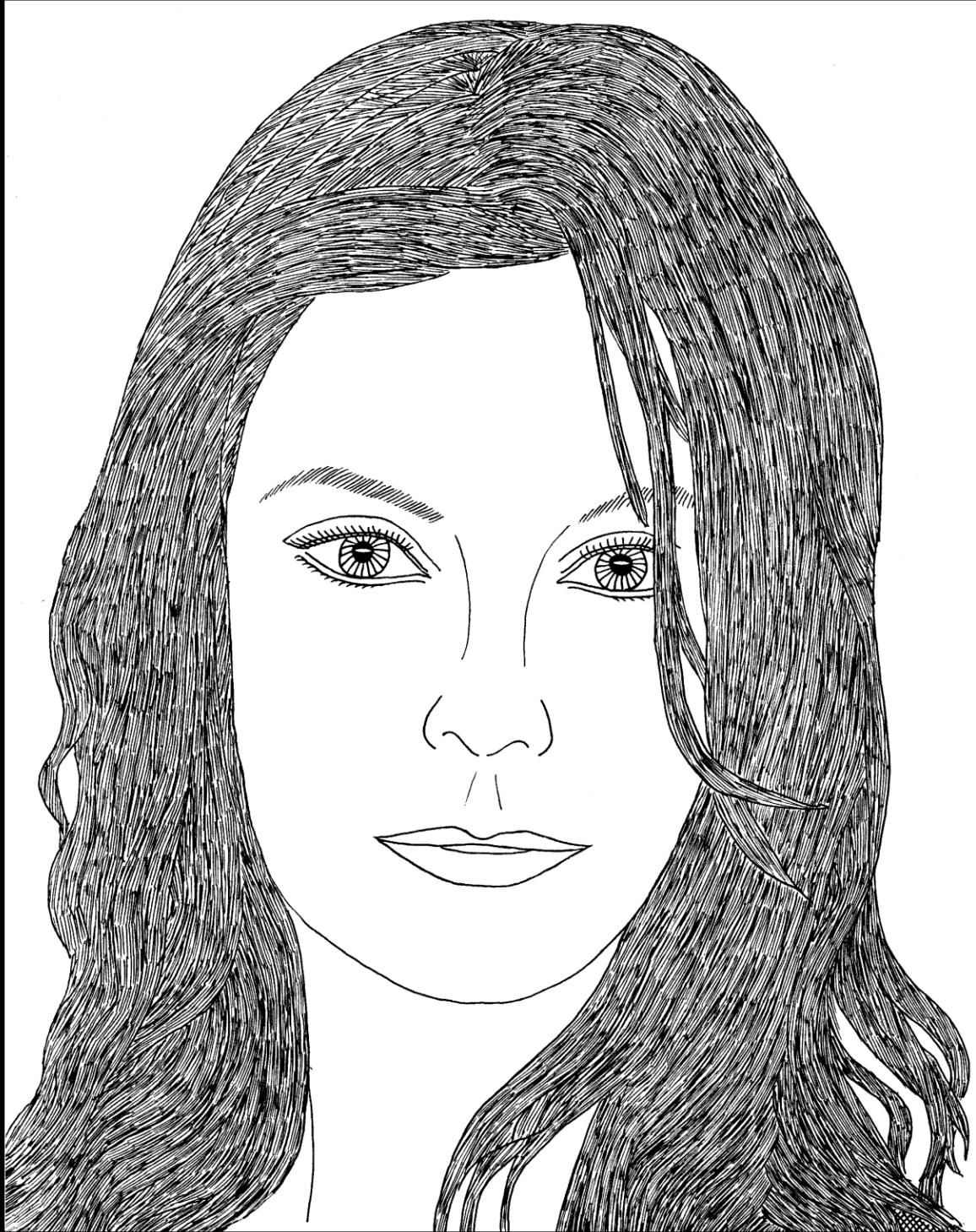
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**"It is truly a privilege to be able to
support all women's causes on a global level."
-- Teri Hatcher**

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"I've always been a big believer in equality. No one has ever been able to tell me I couldn't do something because I was a girl."
-- Anne Hathaway

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"When I see the elaborate study and ingenuity displayed by women in the pursuit of trifles, I feel no doubt of their capacity for the most herculean undertakings."

-- Julia Ward Howe

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"A highly political feminist movement , very broad based, with alliances with other such oppressed classes is necessary for the revolution that is needed to stop the careless crimes against women."
-- Devaki Jain

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"Today women in many countries are taking part in various types of movements of protest, some of which are serious struggles for economic and social emancipation."

-- Kumari Jayawardena

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"Across the world women are joining hands in solidarity and support, in a global women's movement, sharing knowledge and experience and empowering themselves to build a peaceful and fairer world."

-- Marilee Karl

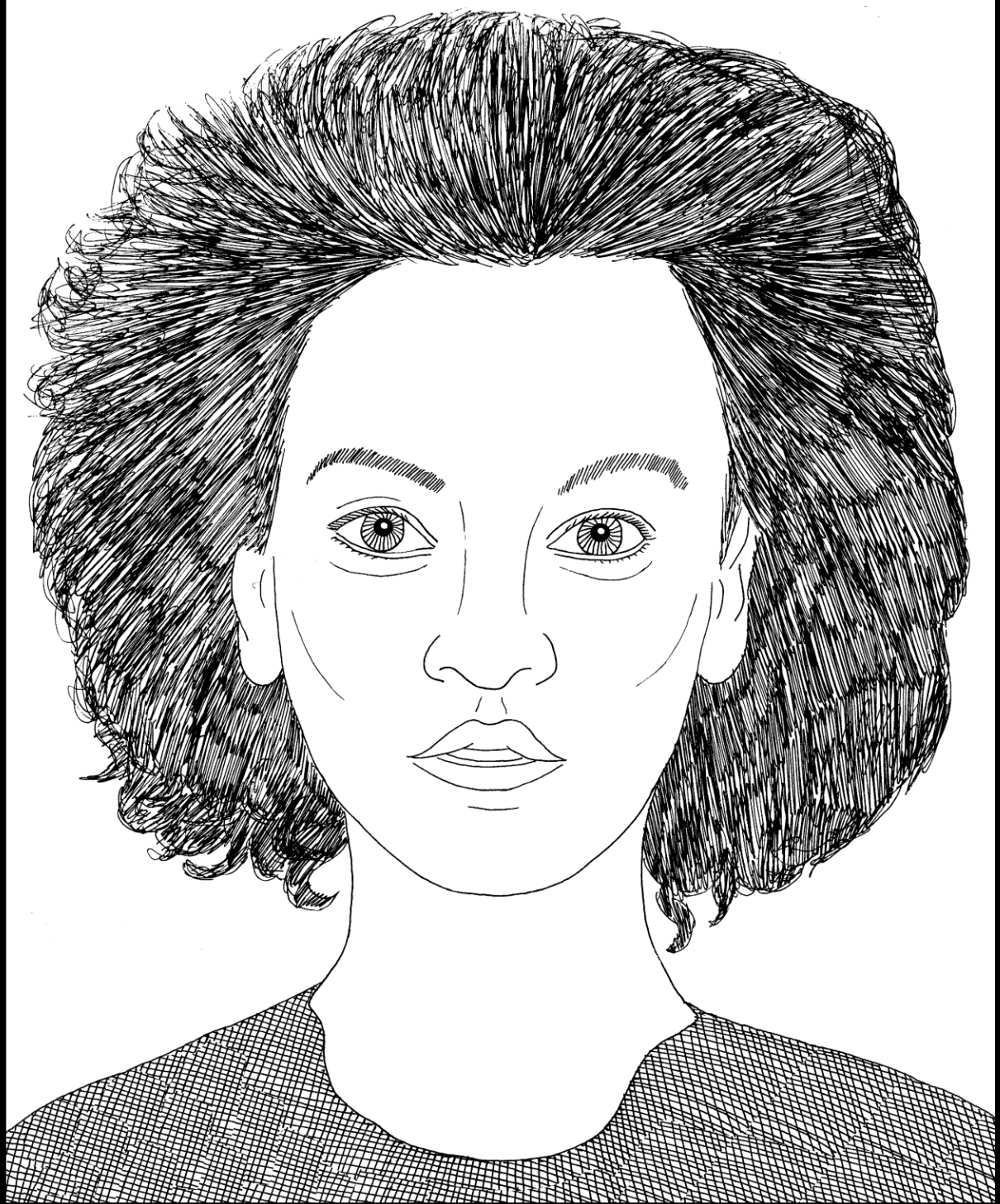
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"The message of our campaign is "Make every mother and child count".
This campaign is not just about health. It is also a powerful call for
radical progress in women's rights and the rights of their children."
-- Liya Kebede

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"My main goal in education is to raise women's awareness to their rights and to involve them in social work side by side with men in Afghanistan."

-- Lawangina Khan

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"Violence against women is an appalling human rights violation. But it is not inevitable. We can put a stop to this."

-- Nicole Kidman

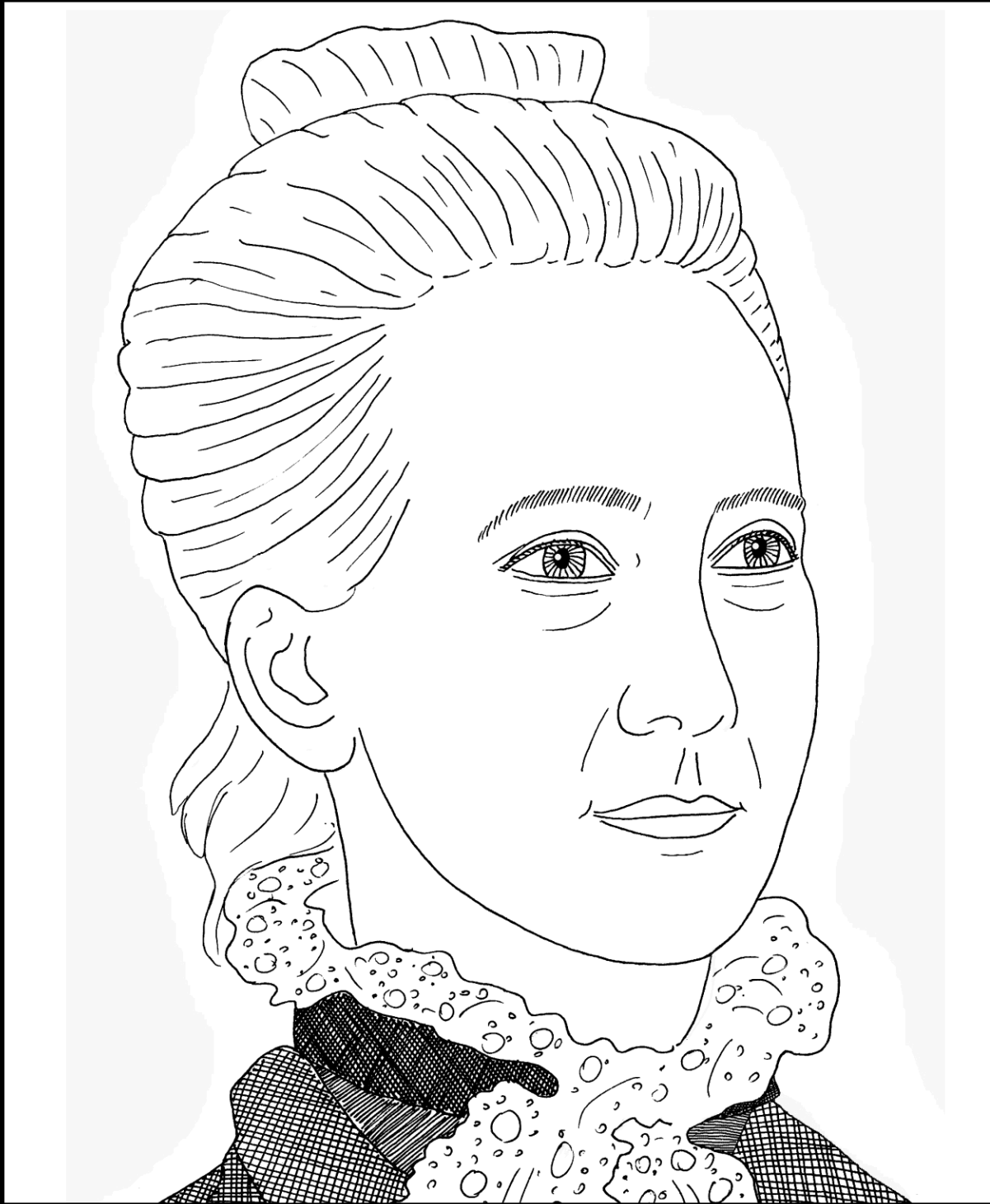
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“I do not believe in sex distinction in literature, law, politics, or trade - or that modesty and virtue are more becoming to women than to men, but wish we had more of it everywhere.”

-- Belva Ann Lockwood

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"Prior to my election, young Cherokee girls would never have thought that they might grow up and become chief."
-- Wilma Mankiller

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WOMEN'S DAY - MARCH 8

MAKE A DIFFERENCE



MAKE A DIFFERENCE

"Because of their a gelong training in human relations - for that is what feminine intuition really is - women have a special contribution to make to any group enterprise."

-- Margaret Mead

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**"The world has never yet seen a truly great and virtuous nation,
because in the degradation of women,
the very fountains of life are poisoned at their source."**

-- Lucretia Mott

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**"In less than a century we experienced great movement. The youth movement!
The labor movement! The civil rights movement! The peace movement!
The solidarity movement! The women's movement! The disability movement!
The disarmament movement! The gay rights movement! The environmental movement!
Movement! Transformation! Is there any reason to believe we are done?"**
-- Holly Near

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**"We have to free half of the human race, the women,
so that they can help to free the other half."
-- Emmeline Pankhurst**

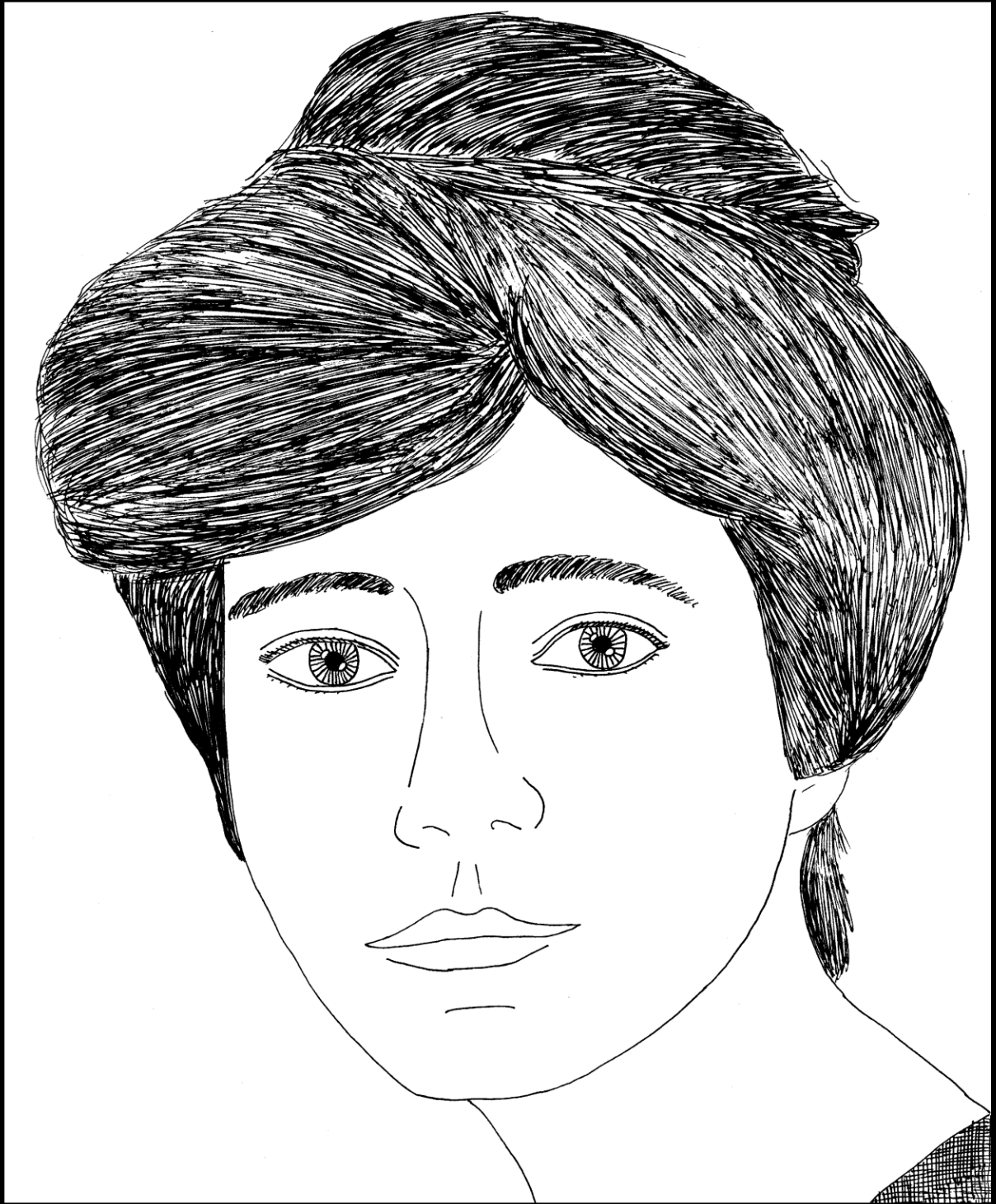
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"I never doubted that equal rights was the right direction. Most reforms, most problems are complicated. But to me there is nothing complicated about ordinary equality."

-- Alice Paul

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"The only way to solve the problem of women's subordination is to change people's mindset and to plant the new idea of gender equality into every mind."

-- Qingrong Ma

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**"If the world was taking care of women,
women would take care of the world."**

-- Jane Roberts

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"...a political struggle that does not have women at the heart of it, above it, below it, and within it is no struggle at all."

-- Arundhati Roy

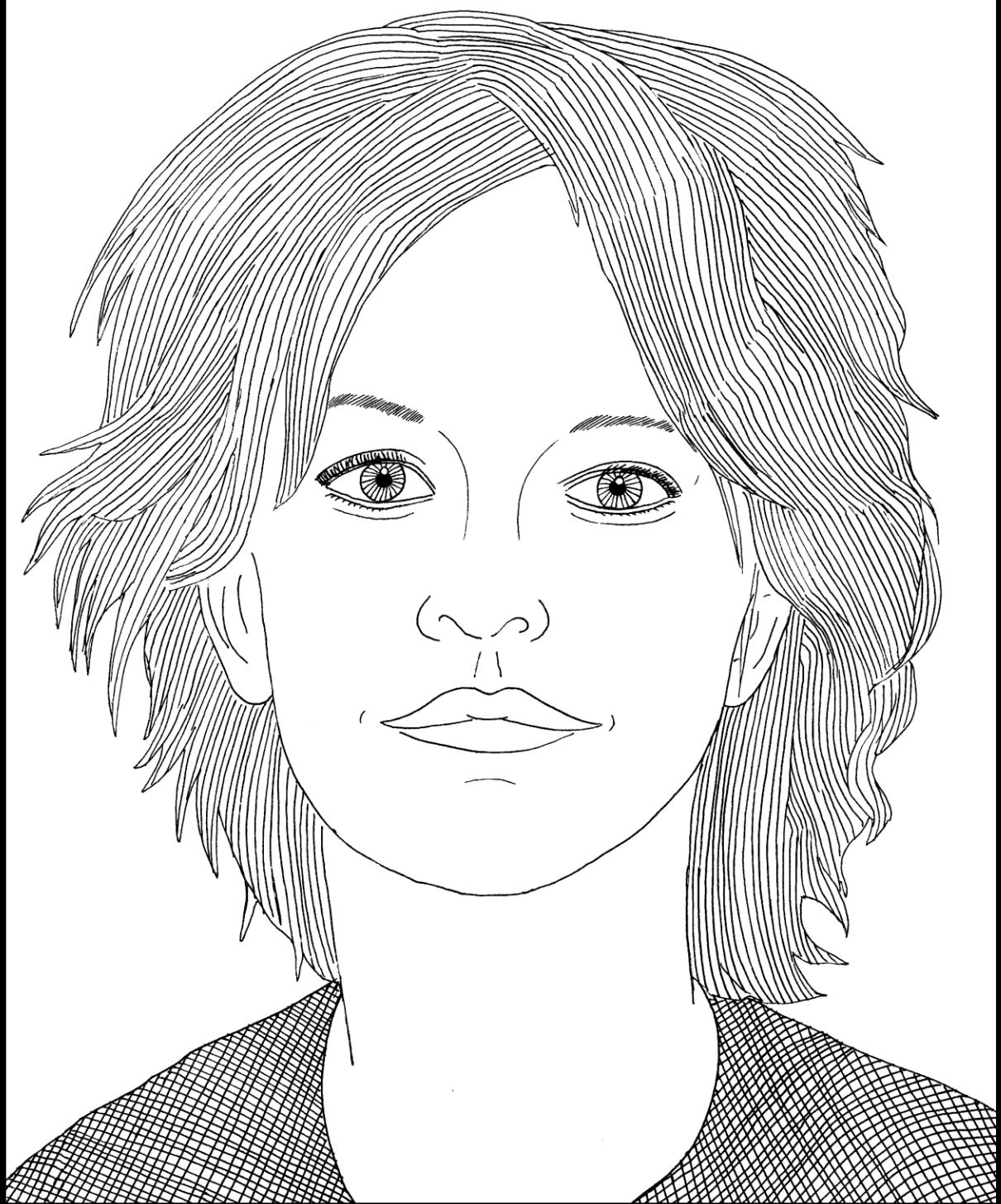
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"Ordinary people like you and me have the chance to make a tremendous difference for mothers and their children worldwide."

-- Meg Ryan

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WOMEN'S DAY - MARCH 8

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"It will be great when it's not such a big deal
when a woman gets a good job."

-- Susan Sarandon

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WOMEN'S DAY - MARCH 8

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**"If the first woman God ever made was strong enough to turn the world upside down all alone, these women together ought to be able to turn it back and get it right side up again."
-- Sojourner Truth**

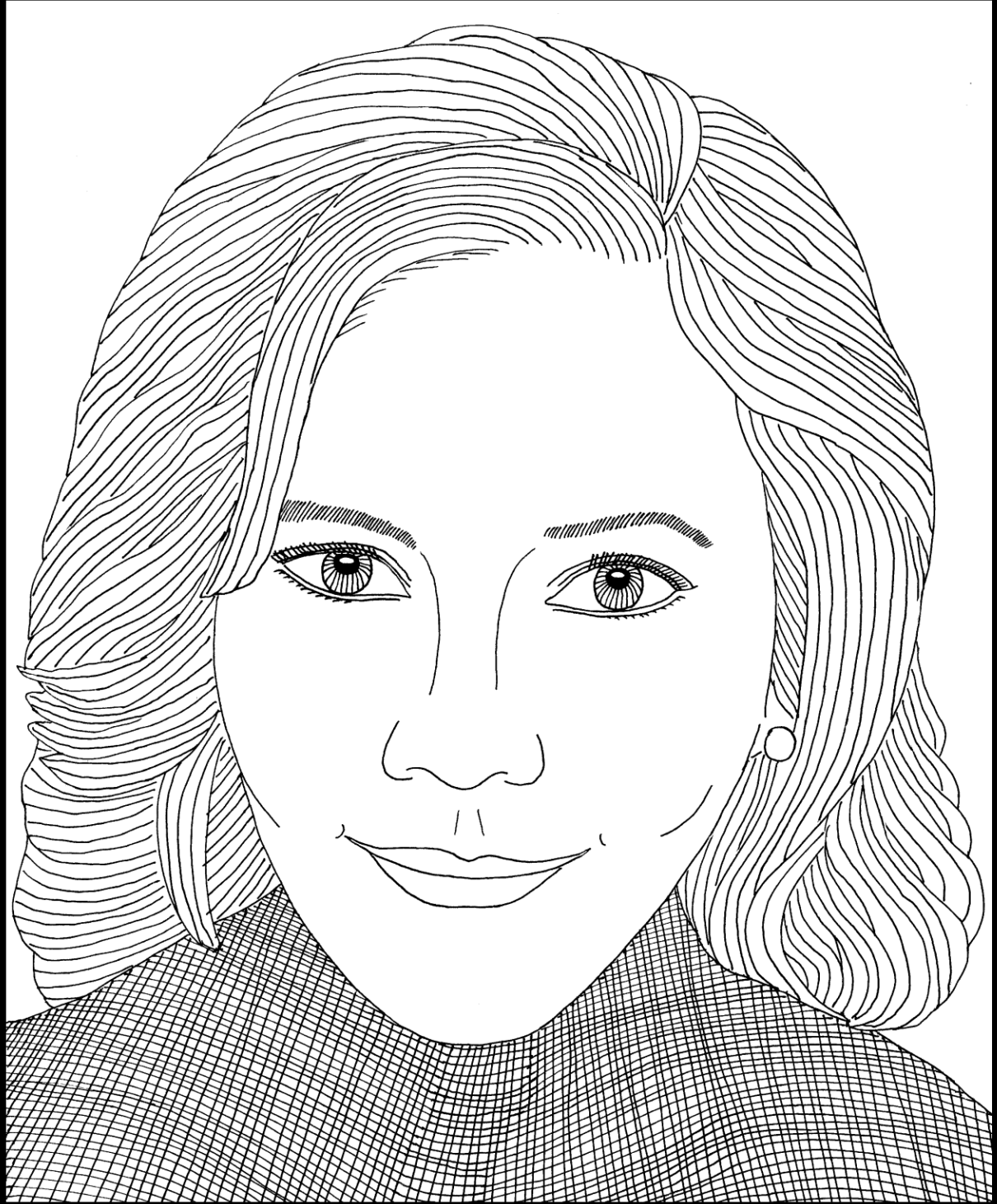
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"I am dedicated to ensuring reproductive health and freedom for all."
-- Kathleen Turner

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“We women have the same capacity and potential for power to allow us to be participants in our own destiny.”

-- Rafaela vos Obeso

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"The task of organizing human happiness needs the active cooperation of man and woman: it cannot be relegated to one half of the world."

-- Lillian Wald

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"I do not wish women to have power over men; but over themselves."
-- Mary Wollstonecraft

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**"The uses of government should be to foster,
protect and promote the possession of equality."
-- Victoria Woodhull**

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"Women will not emerge as equals unless they first get equal education. Women are changing the system, making it clean and open and safe for all - every gender, race, creed, sexual orientation, age, and ability." - Bette Midler

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"If mother sets and positions a good path to be taken, we are determined to follow it, and will not hold ourselves bound by any laws or customs, all in favor of our own best interests." - Angel Adams

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"The education director sought to honor rights, gender equality, socioeconomic development and peace in her country." - Malala Yousafzai

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"How important it is for us to recognize and celebrate our heroes and our great!" - Maya Angelou

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"They will come when men will recognize women as his peers, not only at the polls, but in council of the nation. Then, and not until then, will there be the perfect cooperation, the ideal union between the sexes that shall result in the rapid development of the race." - Susan B. Anthony

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"This is your life! The child-rearers/teachers are just one chapter. The struggles we face will get the more things we can do to do." - Cynthia Escobar

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"Education is a transformational force, an individual and social force. It is a way of looking at the world as a questioning of conventional wisdom, an evolution of women's realities." - Charlotte Bunch

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"I'm usually quiet, but speaking for myself, I don't care who knows I'm a woman, and I'm not afraid to speak up for myself." - Carrie Chapman Catt

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"The emotional, sexual, and psychological stereotyping of females begins when the doctor says, 'It's a girl'." - Shirley Chisholm

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"The idea of feminism is self-education, and it's very open-ended: every woman has the right to become her own, and do whatever she needs to do." - Ani DiFranco

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"The great secret of life, has really to do with the ability to choose. It's not a matter of what you can't do. It's a matter of what you choose to do. You choose to do what you want to do, and you choose to do it the way you want to do it." - Jane Fonda

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"Adult women, all of us, have to learn to grow with how we have been affected by gender roles, and how we have been affected. We have to help our daughters. Understanding it with our own eyes and our own hearts is the only way to help our daughters." - Jane Fonda

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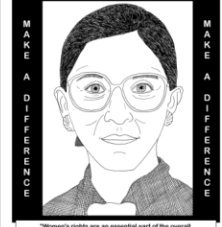
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"The only way for a woman, as for a man, to be a citizen is to be a woman. It's not a matter of being a woman or a man. It's a matter of being a woman or a man." - Betty Friedan

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"Women's rights are an essential part of the overall human rights. It's not just a matter of being a woman or a man. It's a matter of being a woman or a man." - Betty Friedan

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"It is truly a privilege to be able to support all women's causes on a global level." - Tina Turner

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"I've always been a big believer in equality. No one has ever been able to see me as anything less than a woman." - Anne Hathaway

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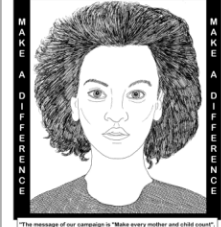
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"Across the world women are joining hands in solidarity and support, in a global sense of responsibility, sharing knowledge and experience and empowering themselves to lead a peaceful and better world." - Helen Keller

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"The message of our campaign is 'Make every mother and child count.' The message is not just about wealth. It's about a powerful and real progress in women's rights and the rights of their children." - Liza Minnelli

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"Violence against women is an appalling human rights violation. But it is not just a matter of being a woman or a man. It's a matter of being a woman or a man." - Nicole Kidman

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"Prior to my abortion, young Chinese girls would never have thought that they might grow up and become what I am." - Venus Williams

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"Because of their ongoing training in human relations, that is what females infuse reality in: women have a special contribution to make to any group enterprise." - Margaret Mead

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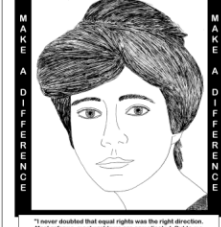
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"I'm proud to stand as a woman and a mother. The people around me are proud to stand with me. The people around me are proud to stand with me. The people around me are proud to stand with me." - Alice Paul

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"I never doubted that equal rights was the right direction. Most reformers, most problems are complicated. But to me there is nothing complicated about achieving equality." - Elizabeth Cady Stanton

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"The only way to solve the problem of women's subordination is to change people's mindsets and to plant the new idea of gender equality in every man's mind." - Gungor Ma

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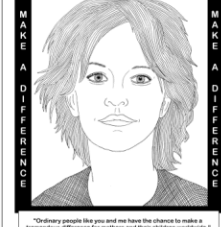
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"...a political struggle that does not have women at its heart will, like it or not, be a failure." - Anwarul Haq

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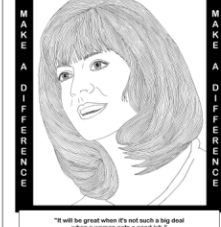
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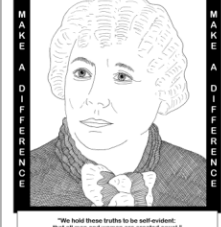
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"It will be great when it's not such a big deal when a woman gets a good job." - Susan Sarandon

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"We hold these truths to be self-evident: that men and women are created equal." - Elizabeth Cady Stanton

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"We are people first. It's not a question of 'we' and 'them' because we're all people. We're all people. We're all people. We're all people. We're all people." - Susan Sarandon

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"It's also very good to be a hero. Why is that so? Because there's a lot of people who are not heroes. They're not heroes. They're not heroes. They're not heroes. They're not heroes." - Susan Sarandon

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